For The Table

SMOKED ALMONDS 4

COMPLIMENTARY BREAD BASKET

with salted butter

MIXED OLIVES 6

CHICKEN GYOZA 12

crispy chilli oil, sesame, spring onion

GRILLED ASPARAGUS (VE) 12 wild garlic hummus, hazelnut pesto Add poached egg 2

GREEK SALAD (V) 11 feta, cucumber, cherry tomatoes, red onion, olives, peppers, mint

SPICED LENTIL SOUP 7.50 red lentil, cumin, coriander, chilli oil **COLCHESTER PYEFLEET OYSTERS** shallot vinegar Half dozen 18 | Dozen 34

BAKED SCOTTISH SCALLOPS 21 parsley, garlic

🧩 Pairs with Chateau d'Esclans Whispering Angel Rosé

SMOKED SALMON 19 shallots, capers, lemon, horseradish cream

ATLANTIC PRAWN COCKTAIL 14 buttered toast, Marie Rose sauce,

melon, cucumber

MEZZE TOWER 35

hummus, tabbouleh, moutabal, falafel, kibbeh, cheese sambousek, fatayer, lamb sambousek, pickles, pitta bread

Serves two

CRISPY DUCK SALAD 17 watermelon, cashew nut, radish, hoisin dressing

we Pairs with Valdivieso Valley Selection Merlot

PAN FRIED KING PRAWNS 25

served with garlic and butter sauce

SALT AND PEPPER SQUID 14 chipotle mayonnaise

🔆 Pairs with Reign Of Terroir Chenin Blanc, Swartland

TOMAHAWK STEAK 95

38oz | 1.1kg Ideal for two

ARABIC LAMB CUTLETS 30

RIBEYE STEAK 45

10oz | 280g

⁶ Pairs with Le Versant Syrah D'oc

ARABIC STYLE WHOLE SEA BASS 28

FILLET STEAK 48 8oz | 225g

SOUTH COAST DOVER SOLE 70

🔆 Pairs with Journeys End Weather Station Sauvignon Blanc

SAUCES 3.5 béarnaise | green peppercorn | garlic and herb butter

Our meat cuts are all native breeds sourced from Heron's Farm, Colchester and dry-aged for at least 28 days All dishes are served with grilled pickled oyster mushrooms, cherry tomatoes and shallots

PAD THAI NOODLES (VE) 14 tamarind, peanut, beansprouts Add Chicken 9 | Prawns 12

WILD MUSHROOM RAVIOLI (V) 22

black truffle, cauliflower pure, beurre noisette and pea shoots

FARROUJ MESHWI 26

boneless marinated baby chicken, grilled and served with our homemade Arabic garlic sauce **HERB ROASTED LAMB RUMP 28**

peas, spring cabbage bubble and squeak

🧏 Pairs with Arte De Argento Malbec

LAMB BIRIYANI 27 served with rice and cucumber raita

PRAWN LINGUINE 26

bisque, cherry tomato, chilli

CORNISH MONKFISH 30

baked in spices, asparagus, spring onion and new potatoes

PENNE ARRABIATA (VE) 16 tomato sauce, dried red chilli, garlic Add Chicken 9 | Prawns 12

TANDOORI BUTTER CHICKEN 24

tandoor oven cooked chicken pieces simmered in creamy tomato sauce with Indian spices

Robaté

Vains

Starters

FISH AND CHIPS 21

battered haddock served with chips and mushy peas

🤹 Pairs with Domaine Lafarge Cadireta Chardonnay

BUTTERED SPRING GREENS (V) 5.5	TRUFFLE AND PARMESAN KOFFMANN FRIES 8.5	KOFFMANN FRIES (VE) 5
PURPLE SPROUTING BROCCOLI (VE) 6	PAN FRIED JERSEY ROYALS (V) 5	ROASTED VEGETABLES 5
with almond and chilli	ARABIC RICE (V) 6	FATTOUSH SALAD (VE) 5

(V) Vegetarian (VE) Vegan



The optional £1.23 on your bill guarantees that a life-changing GiftTree will be planted, to help counter balance the carbon footprint of your meal. www.gifttrees.com

If you have any allergies or dietary requirements, please speak to a member of the team before ordering. Please be aware that traces of allergens used in our kitchen and bar areas may be present, and we cannot guarantee the absence of allergens from our dishes or drink serves. All wine matching serves are 125ml. A discretionary 12.5% service charge will be added to your bill.

SCAN TO VIEW A MENU WITH CALORIES

2SPR5.PAR

